

GOOD GRIEF

A FESTIVAL
OF
LOVE & LOSS



THE GOOD GRIEF CONFERENCE 11 - 13 MAY 2020

Join our multidisciplinary three-day Conference at the University of Bristol and learn about the many facets of grief and bereavement.

Come to listen to cutting-edge scientific research, fresh perspectives from literature and music, and the voices of those who have become expert through personal experience.

The Good Grief Conference is accompanied by Loved+Lost, a photographic exhibition from Simon Bray. Reserve your tickets online from 27 February.

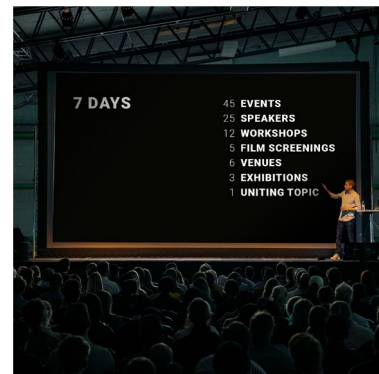
THEMES



WHAT IS GRIEF?

MON 11 MAY

Losing someone can have a profound impact on who you are and how you see the world. But what is grief? The first day of the conference will feature speakers from sociology, English literature and psychotherapy to address these questions. It will explore creative representations of loss in art and also investigate public perceptions of grief. Speakers include: Andrew Hilton, founder of Shakespeare at the Tobacco Factory, Jane Harris and Lizzie Pickering (The Good Grief Project) and psychotherapist and paediatric counsellor, Julia Samuel MBE, founder and patron of Child Bereavement UK.



TYPES OF GRIEF

TUES 12 MAY

Are there particular forms of loss that are harder to share because of trauma and stigma? And what is the relationship between grief and creativity? On Tuesday, we will bring together personal and professional perspectives on grief to explore the challenges faced by those bereaved because of substance misuse, suicide or stillbirth. Clinical Psychologist Kirsten Smith will examine complicated grief and Michel Faber will read poetry from *Undying: A Love Story*, which he wrote in memory of his wife, who died of cancer.



ANTHROPOLOGICAL AND CULTURAL PERSPECTIVES ON GRIEF

WEDS 13 MAY

To what extent is the experience and expression of loss shaped by cultural expectations and practices and are there aspects of grief that cut across cultures and times? Today's chair, Professor Alice Roberts, introduces experts on topics including Muslim perspectives on bereavement and grief in popular culture. Douglas MacGregor, founder of Songs of Loss and Healing, explores how loss and grief are expressed through music around the world.

GET IN TOUCH

Email hello@goodgriefbristol.com

or find further information at www.goodgriefbristol.com



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11-17 MAY 2020
BRISTOL

TIME	MONDAY 11	TUESDAY 12	WEDNESDAY 13
THEME	WHAT IS GRIEF?	TYPES OF GRIEF	ANTHROPOLOGICAL AND CULTURAL PERSPECTIVES ON GRIEF – CHAIRED BY PROFESSOR ALICE ROBERTS
9:30-10:00	Good Grief, Bristol festival opening ceremony with Bristol University Singers		
10:00-11:00	Professor Tony Walter (Bath University): Sociological approaches to grief Dr Becky Millar (University of York): Grief – A philosophical study	Simon Bray: Loved+Lost photography project and exhibition Dr Kirsten Smith (Oxford University): Complicated grief	Muslim perspectives on grief and bereavement: a conversation between Dr Marta Bolognani (The Harbour), Dr Sabina Patel (Muslim Bereavement Support Service) and Rizwan Ahmed (Bristol Muslim Cultural Society and University of Bristol)
11:00-12:00	Dr Lesel Dawson (University of Bristol): Grief in literature Dr Mimi Thebo (University of Bristol): Grief in children's literature	Cara Lavan: A personal perspective on grief after a drug overdose Dr Lorna Templeton (Bath University): Grief after substance misuse	Professor Margaret Stroebe (Utrecht University/University of Groningen): The Dual Process Model of Grief Q&A
12:00-12:30	BREAK FOR LUNCH		
12:30-13:30	Grief Café	Grief Walk	Yoga
14:00-15:00	Andrew Hilton (Director): Grief in Shakespeare A Lewis Fry Memorial Lecture	Lucy Driver: A personal perspective on grief after suicide Dr Sharon McDonell (University of Manchester): Grief after suicide	Dr Ruth Penfold-Mounce (University of York): Grief in popular culture Dr Jimmy Hay (University of Bristol): Grief in film
15:00-16:00	Amunpreet Boyal (Sue Ryder) and Dr Alistair Hewison (University of Birmingham): Public attitudes to grief & bereavement in the UK Professor Richard Cheston (University of the West of England): Anticipatory grief in dementia	Peter Byrom and Kaeti Morrison: Parental perspectives on grief after stillbirth Dr Danya Bakhbakh (University of Bristol): Grief and bereavement after stillbirth	Dr Mark Taubert (Cardiff University): Gender and grief Anndeloris Chacon (Bristol Black Carers): Grief and bereavement in Afro-Caribbean communities
16:00-17:00	Jane Harris and Lizzie Pickering (The Good Grief Project): Finding a language of grief Includes short film <i>Lessons in Grief from The Mexican Day of The Dead</i>	Dr Linda Machin (Keele University): Vulnerability and resilience in grief and bereavement Panel discussion	Dr John Troyer (Bath University): The formation and legacy of grief and bereavement groups in the UK Dr Samir Guglani (Medicine Unboxed): Life's fragility – Encounters with loss
17:00-18:00/18:30	Julia Samuel MBE: When grief hits – Coping with crisis Panel discussion	Michel Faber: <i>Undying: A Love Story</i> – Poetry of grief	Douglas MacGregor: Music, grief and healing around the world; Music performance